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EMPOWERMENT



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**May 29th 2014: Get Your Head Out of Your Ass**

Most people have at least one area of their life that they avoiding the truth in. It may be their money situation, or their unhappy relationship, or their body, or something else. When we aren't willing to be honest with ourselves and completely aware of that area, we actually disempower ourselves. Would you like to change that? Join Glenyce Hughes as she shares stories, tools and processes to empower you to have awareness in every area of your life, so you can change it, with ease.



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