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EMPOWERMENT



Starstyle®-Be the Star You Are!®

Wednesday at 4 PM Pacific

**July 9th 2014: Being Beautiful, Travel Dining,
Trip Safety, No Stress Busyness**

What does it mean to be beautiful? Is it about physical attractiveness, grooming, personality, or self confidence? In T42, A Mother/Daughter Brew, Cynthia Brian and Heather Brittany analyze the definitions of beauty. Are you an adventuresome traveler? Do you eat at food stalls and try local restaurants? Cynthia Brian shares how to dine around the world while staying healthy. Also in this segment, tips include packing to renting a car and how to vacation safely. The word "busy" conjures up negative reactions. If you are occupied doing things you love, are you considered "busy"? How can yo

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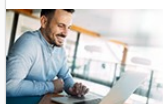


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