



HEALTH & WELLNESS



The RAW Truth Archives Available

October 9th 2014: Sugar...The Controversy Part 2

In the first half of the show, follow along with Chef Sharynne step by step and understand about sugar and diabetes. This is a debilitating world-wide pandemic disease. You'll be shocked to find out the answer. The second half of the show we will talk with my very special guest Celebrity Chef Charles Mattocks. Charles is the nephew of the late Bob Marley. The Chef and me will talk about the following issues: 1. What is the number of diabetics world-wide? 2. As spokesperson for the American Diabetes Association what duties do you perform? 3. Tell us about your own personal journey

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Featured Guest



Celebrity Chef Charles Mattocks

Each move Celebrity Chef Mattocks has made, keeps his desire to touch lives in a positive way. Inspired by his uncle, the late Bob Marley, Mattocks dared to dream big. After giving a stunning performance in the title role of the Emmy nominated "The Summer of Ben Tyler" Mattocks was a successful actor.

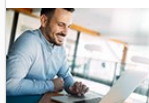
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