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EMPOWERMENT



Uplift Your Life

NOURISHMENT OF THE SPIRIT



Uplift Your Life: Nourishment of the Spirit
Thursday at 8 AM Pacific

**February 5th 2015: Animals As Spirit Guides,
Messengers and Healers**

We all have different experiences that create our attitudes toward and relationships with animals. Maybe a cat scratched you as a child and you still hold onto that fear. Or maybe you're oblivious to animals until they invade your home or garden. Then you notice, but only to kill them. In fact, animals, even insects, are messengers and guides and like cats, can even be healers. It's up to us to become conscious, see them as part of God's world and pay attention to how they're trying to help us. There is even an archangel who oversees the animal kingdom. I've learned to pay attention. For insta

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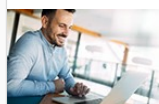
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