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**February 23rd 2015: From Loss to Light:  
Recovering From Adult Sibling Loss**

Veronica brings to the forefront the significance of the sibling relationship, and the sustainability of the sibling bond into adulthood. How the sibling relationship impacts the family dynamic when a sibling dies. The importance of how others respond to the surviving sibling and how this affects one's grief. We will discuss what one can do to support a surviving adult brother or sister. How you can incorporate the loss into your daily life as a source of strength and comfort, in the healing process. We will discuss the importance of bringing integrity to the adult sibling relations

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### Featured Guest



#### Veronica Cole

Veronica Cole is a holistic psychotherapist and grief support specialist. Her research and devotion to adult sibling loss gives a voice to this often unrecognized relationship when it comes to the death of a sibling.

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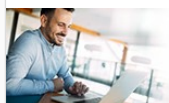
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