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March 25th 2015: Moving with the Heart-Mind

This week's guest, Sandra Finkel, is a life coach and owner of Intentional Balance, LLC, a human development company that is dedicated to unlocking potential and cultivating flourishing lives through heart and wisdom based generative practices. Sandy will share with us her insights about personal transformation, and the power we each have to consciously choose.

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Featured Guest



Sandra Finkel

Sandra Finkel is a life coach and owner of Intentional Balance, a company dedicated to unlocking potential and cultivating flourishing lives through heart and wisdom based generative practices.

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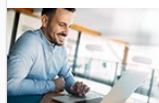
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