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HEALTH & WELLNESS



## BORN TO BE BREASTFED

WITH  
MARIE BIANCUZZO RN MS IBCLC



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### Born to be Breastfed

New shows weekly

**June 1st 2015: The 'Slow to Gain' Breastfed Baby**

Some mothers notice that their babies who were doing very well and gaining weight very well with exclusive breastfeeding start to gain more slowly after the first two to four months. Even exclusively breastfed babies who experienced quick gains in the first weeks of life can gain more slowly than babies fed artificial infant formula after this point. While this slow-down can be alarming, mothers should realize that breastfeeding is the natural and physiologically normal way to feed babies, and the tendency to compare the growth of breastfed infants to their formula-fed peers can sound alarm be

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### Featured Guest



#### Mary Kay Smith

Mary Kay Smith, RN, IBCLC, FILCA, has been assisting breastfeeding women since 1982. Initially a La Leche League Leader, she opened a breast pump rental depot in 1985.

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