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July 10th 2015: What is Spirituality?

While there are many definitions of spirituality, host Ann Gelsheimer shares her perspective that spirituality is our journey of re-discovery, learning who we really are as spiritual beings. Experiences of expanded consciousness, near death experiences, and even military funded research into expanded states of consciousness help shed light on what we are capable of as beings who exist within and beyond our five sensory reality. Please join host, Ann Gelsheimer, as she shares some of the transformational experiences in her life as well as accounts from other people who have realized we are mu

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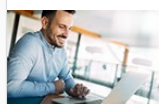
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