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MindSet ReSet LIVE with Prudence Gensman

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July 21st 2015: The Four Elements of Relationship

If relationship means self-fulfillment through connection with others then how do you show up, how do they show up, and how do both sides connect to bring about harmony, compassion, communication, and growth. When applying the MindSet ReSet Formula for Relationships we explore the four elements to identify a common language and a common ground with the foundation being that of knowing oneself, what you want and who you are. When we are able to relate to ourselves, then we are best able to know who we are when we show up in relation to others. Joining the conversation is our guest Barry

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Featured Guest



Barry Selby

Barry Selby is known as the Love Doctor to his clients and friends. He has had his fair share of dysfunctional relationships and failed romance.

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