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HEALTH & WELLNESS



good grief

WITH CHERYL ESPINOSA-JONES



Good Grief with Cheryl Jones
Wednesday at 2 PM Pacific
August 19th 2015: After This

As human beings, we wonder what awaits us after this life is over. When death has come to those near us, the question often becomes compelling! In her quest to understand the many ways people think about what comes next, Claire Bidwell Smith investigated and wrote about various beliefs and practices about the time after death. How do each of us imagine or believe it to be? How does this connect or disconnect us from those we love after their deaths? What can we gain by asking these questions and investigating our ideas about death for ourselves? Coming after Claire's first book, Rules of Inhe

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Featured Guest



Claire Bidwell Smith

Claire Bidwell Smith is a therapist specializing in grief and the author of two books of nonfiction: The Rules of Inheritance and After This: When Life is Over Where Do We Go?

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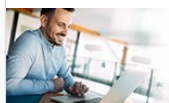
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