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EMPOWERMENT



## Beyond Abuse, Beyond Therapy, Beyond Anything

Archives Available

**March 29th 2016: Tools For Living More Radically - and Orgasmically - Alive**

I encourage people to kick abuse in the caboose and live your ROAR (Radically Orgasmically Alive Reality). Yet if you've ever experienced sexual abuse, you may find it challenging to live your ROAR...

Everything from our past abuse can get locked into and on our bodies. We get filled with shame, judgments and a strong sense of wrongness of ourselves. All of this only serves to shut us off from the playground of possibilities our bodies and lives really can be!

Join us for my radio show and discover tools you can use to overcome the challenges to living your ROAR. You'll also disc

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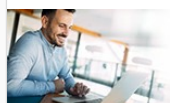
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