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HEALTH & WELLNESS



BORN TO BE BREASTFED

WITH
MARIE BIANCUZZO RN MS IBCLC



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Born to be Breastfed

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April 11th 2016: Encore: ABCs of Breastfeeding After Cesarean

Women can breastfeed successfully after cesarean section delivery—and many do. (In truly stellar hospitals, some mothers can even breastfeed before leaving the OR.) However, mothers getting started breastfeeding after cesarean face concerns that mothers who have delivered their babies vaginally tend not to experience, such as: post-op pain, pain management, post-cesarean restrictions, babies with lots of mucous, lack of bacterial colonization of babies' gut, and—of course—"lift nothing heavier than the baby." That's just the tip of the iceberg. How do you breastfeed your baby—who was, have no

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