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July 15th 2016: EcoChi: Shift Your Lifestyle By Creating Restorative, Healthier Environments at Work and Home

Lifestyle shifts can begin in your home and workplace, by incorporating concepts from interior design, Feng Shui, green design, sustainability, and environmental psychology to improve the way that you feel and function. Research substantiates the role of environment on wellbeing, including the benefits of connecting with nature. The quality of your interior surroundings is derived from a host of different factors, including décor and the use of space. Debra, Duneier, creator of the EcoChi® system of design, will share the integrative approach through which she and her design team create restor

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# **Featured Guest**



#### **Debra Duneier**

Debra Duneier is a Feng Shui Master Practitioner, an accredited LEED® Green Associate, Certified Eco-Designer and NYS licensed Real Estate Broker. Ms. Duneier is the creator of the EcoChi® system of design and President of EcoChi LLC, a full service sustainable interior design company with a focus on wellness and the human experience. Her training, background and perspective have made her a resource on topics including: Feng Shui, Real Estate, Wellness and Green Design for media outlets including Martha Stewart Radio, Brokers Weekly, Social Life Magazine, Barons.com, CNBC, MSNBC,  $CBS,\,SpaFinder.com,\,HealthyRadio.net,\,GreenCityChallenge.org,$ Better Homes and Gardens TV, and the Associated P

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