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HEALTH & WELLNESS



Breast Friends Cancer Support Network

Helping women survive
the trauma
of cancer ... one
episode at a time.



With host
Michelle Beck
www.breastfriends.org

Breast Friends Cancer Support Network
Wednesday at 9 AM Pacific
June 24th 2016: Insomnia and cancer

Why is sleep so important to have and so hard to achieve for cancer patients? Listen today to our guest, Dr. Marni Amsellem, a specialist in this area, as we try to understand the underlying causes of insomnia, how to treat it, and why sleep is SO important to our recovery.

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Featured Guest

Guest Image

Marni Amsellem, Ph.D

Marni Amsellem, Ph.D. is a clinical psychologist in private practice and an author. Her area of specialty includes supporting individuals and caregivers affected by cancer. Dr. Amsellem's broader practice as a health psychologist affiliated with a medical center includes working with individuals and groups who are adjusting to transition, medical diagnoses or health-related challenges, and/ or are looking to build their coping skills and resilience.

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