



EMPOWERMENT



Journey to Balancing Your Life

END the RED



with Brandy T. Jones

Journey to Balancing Your Life Archives Available

July 14th 2016: Move Through Life Gracefully

There is an old face cream commercial that used to proclaim, "I don't intend to grow old gracefully, I intend to fight it every step of the way." While the commercial was talking about wrinkles, it pertains to life in general. Phases of life are a blessing. Each phase brings new challenges, excitement, joy, tears, etc. How you embrace each phase of life is up to you. Some embrace it. Others fear it. Join Brandy Jones and guests Sirena Pellarolo and Dr. Simone Ravicz and learn how to courageously step through life by unleashing your unique personal power, creative self-expressio

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Featured Guests



Sirena Pellarolo

Sirena Pellarolo, Ph.D., is a board certified Holistic Health Coach, international author and speaker, radio host and blogger.

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Dr. Simone Ravicz

Dr. Simone Ravicz is a brain coach, certified business and life coach, multiple International Best-selling author, speaker and Owner of the TV Channel, The Great Reveal, The Secrets of the Mind, Body and Spirit.

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