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EMPOWERMENT



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July 21st 2016: Encore: Why Are We So Afraid of Death?

Most of us are afraid of death: we don't want to talk about it or hear about it. And especially, we do not ever want to touch a dead body and prepare it for burial. Death scares us and makes it more difficult to prepare for own death, as well as the deaths of our loved ones. My guest is an up-and-coming funeral director, Caitlin Doughty. She is blazing new trails in the area of dealing compassionately with death and burial. She is at the beginning of change and transformation, and she and I will discuss these issues. Read about her and you will be as impressed as I am. I look forward

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Featured Guest



Caitlin Doughty

Talking about death isn't easy, but mortician Caitlin Doughty is trying to reform how we think about the deaths of loved ones — and prepare for our own. "My philosophy is honesty, I think that we've been so hidden from death in this culture for such a long time that it's very refreshing and liberating to talk about death in an open, honest manner."

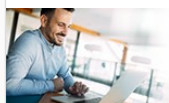
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