



HEALTH & WELLNESS



CAUGHT BETWEEN GENERATIONS

with Dr. Merle Griff



Caught Between Generations Archives Available

**August 25th 2016: Declutter Your Life: Quick
and Easy Tips**

Do you have clutter or does it have you? Does facing the prospect of wrestling your stuff out the door make you suddenly feel ready for a nap? Don't allow clutter to take over your life: clutter isn't the boss of you. This week, we hear from Barbara Reich, professional organizer and author of 'Secrets of an Organized Mom' as she gives parents practical tips to organize their homes and spot the danger zones, such as the refrigerator, closets and the home office: including tackling your email and snail mail. If you are thinking of talking to your aging parent about downsizing, Julie Hall

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Featured Guests



Barbara Reich

Barbara Reich is the founder of Resourceful Consultants, LLC, a firm specializing in the organization of people, their lives, and physical spaces.

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Julie Hall The Estate Lady®

Julie Hall, The Estate Lady®, is a nationally known personal property expert who has assisted thousands of individuals across the country in the daunting and often painful process of managing their deceased loved one's possessions.

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