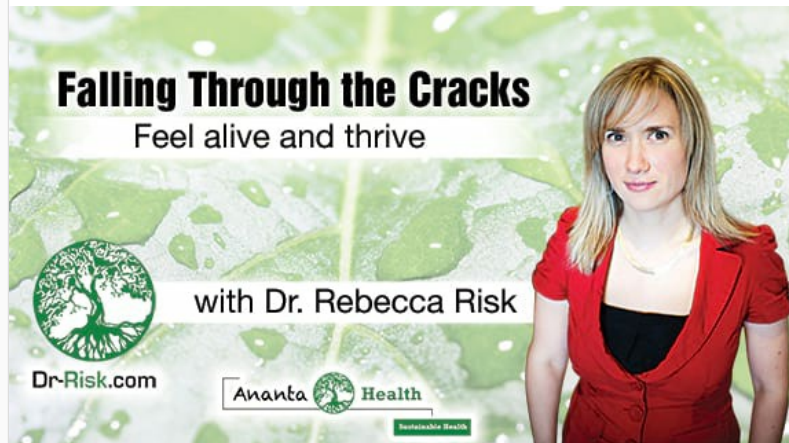


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HEALTH & WELLNESS



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Polycystic Ovarian Syndrome -PCOS- affects 116 million women worldwide. It is a hormone disorder causing a variety of symptoms including infertility, weight gain, irregular menstrual cycles, acne, facial hair and hair loss. The symptoms may vary from woman to woman, and the treatment for such a complicated syndrome can be confusing. In her book "8 Steps To Reverse Your PCOS", Dr. Fiona McCulloch, N.D. lays out an easy to follow, step by step plan to naturally control and reverse this syndrome.

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### Fiona McCulloch, N.D.

Little did Fiona McCulloch, N.D., know, as a curious young girl who liked to play in the woods and create imaginative compounds from what the land provided, that one day her innate interest in science and nature would eventually lead her to practice natural medicine through a scientific lens and heal thousands of women – including herself

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