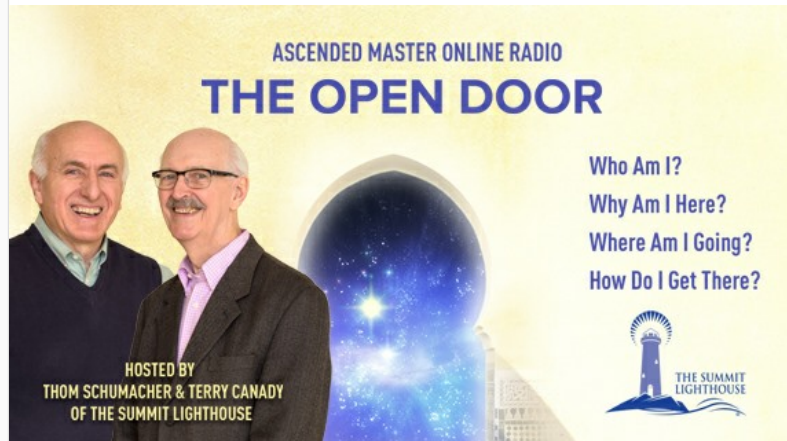


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Karma Yoga. There are many different forms of yoga. Some are familiar to us, such as hatha, iyengar, bikram, vinyasa, kundalini and agni. Karma yoga, however, may not be quite so familiar. Essentially, karma yoga is the yoga of 'works.' In this case, 'works' refers to our actions or deeds that lead to the balancing of our karma. Since we know that the balancing of every 'jot and tittle' of our karma is required by cosmic law, the practice of karma yoga is basically the formula for leading a life consecrated to the Will of God. This means leading a life focused on the Christ consciousness

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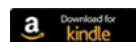
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