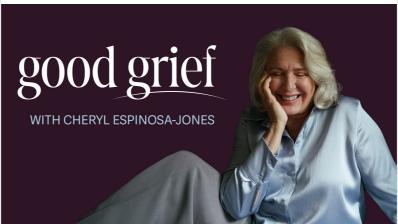
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Good Grief with Cheryl Jones Wednesday at 2 PM Pacific October 26th 2016: Catherine's Gift

How can grief be a road to freedom? When Kaye Cleave's 18 year old daughter died, she felt imprisoned by her loss, unable to even connect to any reason to live. Desperate, willing to try anything to find a way through the agony, she began to practice mindfulness meditation and ultimately, found her way through each and every feeling and thought. So when she met a Nepalese man trying to support a school in a remote part of Nepal, and learned he had lost both parents at just 16, she found a calling. She applied all her considerable skill to the work, honoring her daughter, a lover of education,

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## **Featured Guest**

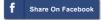


### **Kaye Cleav**

Kaye Lesley Cleave began her career as a teacher in Australia before heading off to travel the world. She earned an MFA in writing from the University of San Francisco and a PhD in creative writing from the University of Adelaide.

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