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EMPOWERMENT



Authentic Living
Wednesday at 1 PM Pacific
November 16th 2016: Encore: Nancy Dreyfus:
Talk to Me Like I'm Someone You Love

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One of the most difficult challenges of any relationship is communication. How do we say what we mean without lashing out, or hurting the ones we love the most? Unfortunately, we tend to go to the extremes on this one: We either shut-down, or we lash out. Neither of those two options work, however, to create the intimacy that a relationship needs to grow. Nancy Dreyfus has come to our aid here with a beautiful book, "Talk to Me Like I'm Someone You Love," containing a set flashcards that say precisely the right thing at precisely the right time. What a beautiful idea. Nancy is a Transpe

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Featured Guest



Nancy Dreyfus

Nancy Dreyfus is a Transpersonal Psychologist, student of Buddhism, metaphysical teacher, and author, whose latest book, "Talk to Me Like I'm Someone You Love," could just be a savior to relationships all over the world. Nancy became interested writing when she was in the 5th grade, and started off in Journalism. But she changed her path and has now been a psychotherapist for over 25 years, which, of course, in turn led her back to writing this beautiful little book.

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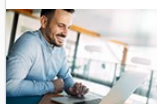
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