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Leadership Development News

Monday 9 AM PT

November 21st 2016: Encore: AdaptAbility: How to Survive Change You Didn't Ask For - Special Encore Presentation!

Inspirational author and coach M.J. Ryan is one of the creators of the New York Times bestselling Random Acts of Kindness series and the author of AdaptAbility: How to Survive Change You Didn't Ask For, This Year I Will... The Happiness Makeover, Attitudes of Gratitude, The Power of Patience, Trusting Yourself, The Giving Heart, and 365 Health and Happiness Boosters, among many other titles. M.J. is the life coach columnist for Health and a contributing editor to Good Housekeeping. She has appeared on "The Today Show", CNN and hundreds of other programs. Join renowned change expert, M. J Ryan as

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