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Feel Good Naked Radio

with Laure Redmond

Feel Good Naked Radio
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December 15th 2016: Personal Transformation
Through Creativity

Join me as I explore the depths of mind, body and spirit expansion through opening a unique, creative portal within the self. I will be sharing the conversation with painter and author Flora Bowley. Flora's latest book, Creative Revolution explains how an artistic endeavor has the power to spark a personal revolution that involves heart, courage and trust and is ultimately life transforming.

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Featured Guest



Flora Bowley

Flora Bowley is a painter, creative pioneer, gentle guide and author of two books, Brave Intuitive Painting and Creative Revolution.

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