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EMPOWERMENT



**Pause, Breathe and Create**  
**Friday at 2 PM Pacific**

**April 7th 2017: Being an Active Ingredient in the Universal Recipe**

"Empower yourself with physical, mental, emotional and spiritual strength. Empowering yourself will pave way for your desired destination and fulfillment of your purpose of life. Power comes from the courage and passion in your action and thoughts, feel it and live it." ~ Anil Sinha. Do you have a favorite recipe? What are the active ingredients that get your attention to make it your favorite? When you stop and think about it - you likely experience and use all of your senses. As main ingredients in the Universal Plan, some of us are more active than others, but ultimately we are all con

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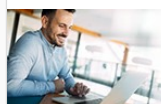
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