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**May 2nd 2017: Happiness, the Brain and the Soul**

Where does happiness come from? What prevents us from being happy? How does modern life and technology enhance or reduce our chances of finding meaning and purpose? Do we ever take time to examine our heart and our soul? In this episode Leaha and Howard discuss these issues and provide inspiration, insight, intelligence as well as practical tips to help listeners in their search for fulfillment.

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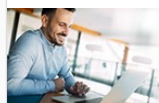
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