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HEALTH & WELLNESS



## BORN TO BE BREASTFED

WITH  
MARIE BIANCUZZO RN MS IBCLC



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### Born to be Breastfed

New shows weekly

**June 26th 2017: Breastfeeding Together:  
Engaging Dads, Maximizing Support**

The new mother focused on getting the hang of breastfeeding and making sure her baby feeds well and often can use all the help she can get. Who better to provide support than her baby's father? Not only can he provide support for the mother's infant feeding decisions, but also with time-management and basic problem-solving. The trick, according to expert Pascal Ghazi, is to bring fathers into the conversation and address their particular concerns. How do we ensure they have the knowledge and skills they need to support their babies and partners? How do we support them in recognizing their own

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### Featured Guest



#### Pascal Ghazi

Pascal Ghazi is the founder of Papallaitants, an online support group for fathers of breastfed babies. He launched the community after the birth of his first child, in recognition of the need for fathers to have a peer-based space that encouraged clear communication about their questions and feelings.

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