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HEALTH & WELLNESS

Occupy Health: with Susan Downs, MD

What's Real and what is not



Occupy Health
Friday at 11 AM Pacific
August 11th 2017: Nutrient Therapies in Mental Disorders

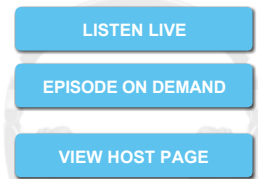
Each human being has unique biochemistry which results in diverse nutritional needs. Individuals may be deficient in certain nutrients and overloaded in others. Advances in epigenetic science have sealed the powerful impact of nutrients on gene expression and have enabled improved treatment for mental disorders. Neurotransmitters, which are instrumental in mental disorders, appear to be epigenetic in absorption, metabolism and storage of key nutrients. For example we now understand that methionine and SAME act as serotonin reuptake inhibitors, and folates and niacinamide depress neurot

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Featured Guest



William Walsh, PhD

William Walsh, Ph.D, is president of the non-profit Walsh Research Institute and directs doctor-training programs in the U.S., Australia, and Norway. During his 30+ years as a research scientist and engineer, Dr. Walsh developed a science-based nutrient system that has helped thousands of patients challenged by behavioral disorders, bipolar disorder, depression, anxiety, schizophrenia, ADHD, autism, and Alzheimer's disease.

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