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HEALTH & WELLNESS



**Good Grief with Cheryl Jones**  
**Wednesday at 2 PM Pacific**  
**August 9th 2017: Unbroken**

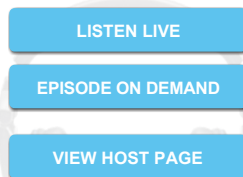
As a young and innocent 13 year old, Madeleine Black experienced an unimaginable and brutal rape which changed the course of her life. Although she spent many years affected by the experience, she was able, through her own perseverance and determination, to heal herself and create a life which she calls the best revenge. In the process, as a complete surprise to her, she came over many years to forgive the men who hurt her and let go of the anger and horror she had carried with her. By facing her own fears and finding people to help her, she found herself again and learned to live a courageous

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#### Featured Guest



#### Madeleine Black

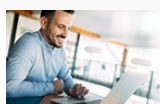
After many years of keeping quiet, Madeleine Black decided in September 2014, to share her story on The Forgiveness Project's website and she completely underestimated what the response would be.

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