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HEALTH & WELLNESS



Occupy Health: *What's Real and what is not* with Susan Downs, MD

Occupy Health
Friday at 11 AM Pacific
October 13th 2017: Fibro Fix: The Functional Medicine Approach to Fibromyalgia

Fibromyalgia affects many people and is often confused with other medical conditions. As it is often misdiagnosed, it often does not get appropriate treatment leading to the frustration of fibromyalgia patients. Dr. Brady discusses his multi-prong approach to finding the underlying causes and comorbid conditions. He addresses toxins and detoxification: the role of gut health, mitochondrial dysfunction, thyroid health, diet, mood, sleep, stress, and stress reduction.

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Featured Guest



David Brady, ND

Dr. David M. Brady has over 25-years of experience as an integrative practitioner and academic. He is a licensed naturopathic medical physician in Connecticut and Vermont and a board certified clinical nutritionist.

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