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HEALTH & WELLNESS



Good Grief with Cheryl Jones
Wednesday at 2 PM Pacific
August 30th 2017: Time to Fly

When Laura Lewis children were three and six, the love of her life, the father of her children, killed himself without warning. In the years that followed, she struggled to regain her balance, experiencing a destructive rebound relationship (which brought the blessing of a third child), a divorce and countless twists and turns. In the process, she learned what it took to keep herself healthy and well and, as she gained resiliency and strength, she found a passion for helping other people along the road to their best lives. Join us to talk about what helped, what didn't, and how she thinks about

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Featured Guest



Laura Lewis

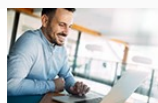
Laura Lewis is the founder of Odyssey Star, a media and marketing company that focuses on amplifying the brands of individuals and companies with life enhancement messaging to the world.

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