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Uplift Your Life

NOURISHMENT OF THE SPIRIT



Uplift Your Life: Nourishment of the Spirit
Thursday at 8 AM Pacific
September 7th 2017: Dating on Your Own Terms
with Dr. Susan Edelman

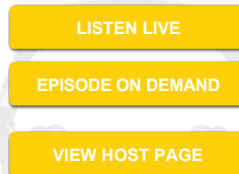
The first rule about dating is that there are no rules, except maybe, be true to yourself, which should be your number one rule wherever you are and whatever you are doing. Then you cannot go wrong. Because each person is different, each relationship is different. The dating relationship is the beginning and if the seeds aren't watered and nurtured with the unique needs of both individuals, the relationship will always be lopsided. If you're afraid to speak up when you're dating, it will only get worse when you're married. It is important to ask yourself, What do I Want? Sometimes we forget to

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Featured Guest



Dr. Susan Edelman

Dr. Susan Edelman is an Adjunct Clinical Associate Professor at Stanford University in the Department of Psychiatry and Behavioral Sciences and board-certified psychiatrist in private practice specializing in women's issues.

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