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The Self Improvement Show
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September 7th 2017: Change the Story of Your Health

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“What if, despite aging, injuries, health conditions, and illnesses, you could not only return to the state of health you enjoyed previously but even improve on it?” This is the question posed in the Preface to Carl Greer’s new book, “Change the Story of Your Health. On this show, we will talk about the “story of your health”— how emotions and moods, your job or vocation, and your connection to God, Spirit, Source or a higher power—can affect the story of your health. And we will talk about how you can change that story so as you age you can continue to enjoy optimum health.

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Featured Guest



Carl Greer

Carl Greer, PhD, PsyD is a practicing clinical psychologist, Jungian analyst, and shamanic practitioner. He received his Ph.D. from Columbia University and was on their faculty teaching finance and management.

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