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Straight Talk with Sandra Reich
Thursday at 3 PM Pacific
October 12th 2017: Encore: The dance of relationships

Sandra's special guest is top Psychotherapist and relationship expert Maite Gomez. This lively discussion on the dance of relationships will include understanding some key biological differences in the sexes, the dangerous traps one can fall into in relationships that lead to trouble, how our past plays out in our love life and much much more. We are all in relationships and yet there is no manual on them- tune in this week to listen to Sandra and Maite discuss latest research, how relationships can actually heal you and other helpful strategies to make all of your relationships soar!!

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Featured Guest



Maite Gomez

Maité Gomez B. Sc. Psychotherapist (UdeM 1993) is a licensed Psychotherapist. She has over 20 years of experience in counseling, body work and helping clients overcoming their pain and fears. She has devoted her life to understand the body-mind-spirit connection, with a specialization in psychosomatic relationship issues, self-esteem challenges, anxiety and more. Maité is also the co-author of the best selling book "Once upon a Time- How Cinderella Grew Up and Became a Happy Empowered Woman with Straight Talk's Sandra Reich , Co- director of Empowered Women Workshops as well as a proud member of The Montreal Center for Anxiety and Depression

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