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### Leading Conversations Friday at 10 AM Pacific

**October 20th 2017: Encore: Meeting Life Where It Is...The Real Rules**

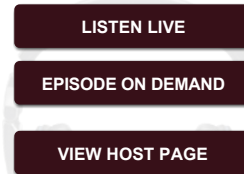
Dr. Ken Druck, Ph.D., author and pioneer in personal transformation, healing & loss. He is a leader in male psychology with his book *The Secrets Men Keep: Breaking the Silence Barrier*. In all of his work, Ken puts forth the challenge that we need to confront life as it is, not as we want it to be. His latest book, *The Real Rules of Life: Balancing Life's Terms with Your Own* shows us how to discover life's terms and learn to balance them with our own. Ken says we can prevent costly psychological debts and create emotional freedom essential for fuller, richer lives. Ken believes this because

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### Featured Guest



#### Ken Druck

Dr. Ken Druck, author, speaker, & coach, and a lifeline to thousands of individuals, families, communities & organizations he's helped through tragic loss. He wrote *The Real Rules of Life: Balancing Life's Terms with Your Own*; & just released, *Courageous Aging: Your Best Years Ever Reimagined*. Ken knows courage. His journey through tragedy after the death of his daughter Jenna led him to discover how we survive life's worst losses & uncover its gifts. He committed to helping others navigate their own losses, giving his all. Loss takes many forms. Some not tragic, but devastating to one's spirit. Aging in the western world is couched in the language of loss – of youth, looks, health,

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