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### The Self Improvement Show Archives Available October 26th 2017: Creativity from the Inside Out

Who says you're not creative? Do you think you need to paint, dance, sing or write to be considered creative? Think again. On this show, Cathy Wild will dispel your doubts about your personal creativity and show you the steps in the creative process that you can take. Her website states "There's a depth you're meant to explore. A flow you're meant to find where treasures await discovery. Take a transforming journey into the heart of who you are. Unlock and access your creativity, power, joy, and more. Delve below the surface of your life, supported by intuitive guidance, earned wisdom, direc

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### Featured Guest



#### Cathy Wild

Cathy Wild has spent more than 30 years developing innovative approaches to the creative process both for private clients in the greater San Francisco region as well as corporate clients including Wells Fargo, Pacific Bell, and Pacific Gas & Electric.

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