

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) [SIGN-UP NOW!](#) Click to become a Member for Free!



The Self Improvement Show Archives Available

October 26th 2017: Creativity from the Inside Out

Who says you're not creative? Do you think you need to paint, dance, sing or write to be considered creative? Think again. On this show, Cathy Wild will dispel your doubts about your personal creativity and show you the steps in the creative process that you can take. Her website states "There's a depth you're meant to explore. A flow you're meant to find where treasures await discovery. Take a transforming journey into the heart of who you are. Unlock and access your creativity, power, joy, and more. Delve below the surface of your life, supported by intuitive guidance, earned wisdom, direc

[Read more](#)



Tune in

Archives Available on VoiceAmerica
Empowerment Channel

[EPISODE ON DEMAND](#)

[VIEW HOST PAGE](#)

Featured Guest



Cathy Wild

Cathy Wild has spent more than 30 years developing innovative approaches to the creative process both for private clients in the greater San Francisco region as well as corporate clients including Wells Fargo, Pacific Bell, and Pacific Gas & Electric. She has also been a pioneer in somatic (holistic) counseling, the expressive arts, and the field of life coaching. Cathy was featured as a creativity expert on the PBS television series, In the Prime. Her first book, "Wild Ideas: Creativity from the Inside Out" has won over 10 awards and honors for excellence—including the International Soul-Bridge Body-Mind-Spirit Book Awards of Europe. In her own life, Cathy has overcome a number of devasta

[Read more](#)

Share This Episode



Connect with VoiceAmerica

Download our mobile apps



Come see what **VoiceAmerica's** hosts are writing, on PressBlog!

