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Good Grief with Cheryl Jones
Wednesday at 2 PM Pacific
November 01st 2017: Legacy

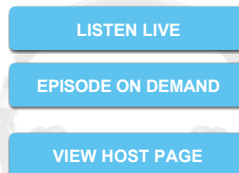
Keeping memories alive of people we've lost is a way to continue our relationships. As society becomes more comfortable talking about death and loss and grief, public remembrances also become a more universally accepted practice. Websites, Facebook pages and other ways to collect these memories gain in popularity and become more and more appreciated by those of us who want to remember. Allison Gilbert, author of *Passed and Present*, a book full of activities to support these continued relationships, now works with an organization devoted to legacy. Join as she returns to Good Grief to share

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Featured Guest



Allison Gilbert

Allison Gilbert is the author of the bestselling book *Passed and Present* (available at Amazon), the first how-to guide ever written for discovering creative and meaningful ways to keep the memory of loved ones alive. Inspiring and empowering, this much-needed, easy-to-use roadmap reveals 85 imaginative ways to celebrate and honor the family and friends we never want to forget. You can learn more about Allison by visiting her website www.allisongilbert.com and by connecting with her on Facebook <https://www.facebook.com/agilbertwriter/>.

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