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## Voice For Truth

### Voice For Truth Monday at 9 AM Pacific

**November 27th 2017: Embracing the End of Life: A Journey into Dying and Awakening**

Sharon Ann Wikoff, host of Voice For Truth, interviews Patt Lind-Kyle, author of Embracing The End of Life: A Journey into Dying & Awakening. Patt invites us to truly embrace death so we can be free to live more fully. Do you avoid thinking about your death? Have you considered developing a relationship with dying? Death is simply one aspect of being human, but in our culture, we've made it taboo. Thus, most of us walk through life with fears that prevent us from experiencing true contentment. Embracing the End of Life invites you to lean into beliefs and questions about death and dying to re

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### Featured Guest

Guest Image

#### Patt Lind-Kyle

Author, teacher, speaker, consultant and a long-time meditator, Patt has a broad range of interests. She taught in the academic world and practices as a management consultant and executive coach. Patt has been exploring brain/mind research and working with new tools of neuro-monitoring to help individuals become more effective with their brain/mind potential for many years. In Embracing the End of Life: A Journey into Dying & Awakening and bonus videos, she guides us through practices for rewiring the brain and meditation to awaken the mind to its true self in life before death. Her book Heal Your Mind, Rewire Your Brain won the Independent Publishers Gold Medal Award and a Best Book Award

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