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The Self Improvement Show Archives Available December 07th 2017: The 'Empowerment Zone'

Where do you live? I'm not asking for your street address. I'm asking if you are in a personal space that propels you toward your dreams and encourages you to step into your power. Or do you live in a place of self-defeat, discouragement, and regret? You see there is a place of personal-knowing, self-acceptance, and inner-power within each of us. It's called "The Empowerment Zone." You have to make a conscious choice to live there, and you have to make a series of conscious choices daily to stay there. Oh, it's a wonderful place to live. But there are three mistakes you can make that keep you

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Featured Guest



Cynthia Mazzaferro

Cynthia is a Visionary and Motivational Speaker, international award winner and #1 Best-Selling Author, Reiki Master, and Powerful Beyond Measure Life Coach. Her award winning book, Powerful Beyond Measure Explores your Past, Empowers your Present, and Envisions your future filled with purpose, passion, and success. She helps one master their internal difficulties and enable them to succeed in all areas of their lives. Her passion is to assist people in their personal growth, establishing their inner and outer-health, and awakening their passion and purpose.

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