

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) Click to become a Member for Free!



EMPOWERMENT



**The Self Improvement Show**  
Archives Available  
**December 28th 2017: Be More With Less**

**Tune in**

Archives Available on  
VoiceAmerica Empowerment  
Channel

[EPISODE ON DEMAND](#)

[VIEW HOST PAGE](#)

Before you read this, look around you. Whether you're at home or in your office, let your eyes rest on three things that you can get rid of and never miss. In the next few days, make a mental note of things in your life that you consider "clutter." Don't find any? Look again. Why? Because we're going to talk about being more and having less. Our guest for Thursday's show states, "Be more with less" is about simplifying your life and really living. Living with less creates time and space to discover what really matters. Through decluttering, and focusing on the best things instead of all the th

[Read more](#)

[DOWNLOAD PDF](#) [GET CODE](#)

**Featured Guest**



**Courtney Carver**

Courtney Carver changed her life by simplifying it after a devastating diagnosis in 2006. She's the founder of [bemorewithless.com](#) and minimalist fashion challenge Project 333.

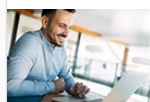
[Read more](#)

**Share This Episode**

[Share On Facebook](#) [Share On Twitter](#) [Share On LinkedIn](#)

**Connect with VoiceAmerica**

Download our mobile apps



Read what our hosts are writing about.

**VOICEAMERICA BLOG**