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Empowering Women, Transforming Lives

Empowering Women, Transforming Lives Thursday at 11 AM Pacific

January 23rd 2018: Step Forward in 2018 Authentically and Purposefully!

Join Rebecca Hall Gruyter (RHG TV Network), Trisha Garrett (BriteLite TV), and Sophie Roumeas (Personal Development) as we share how to step forward powerfully, authentically, and purposefully in 2018 and beyond!



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Featured Guests

Guest Image

Sophie Roumeas

Workshop designer and facilitator, coach in personal development and stress management, Sophie uses ericksonian hypnosis, meditation, systemic constellations, and gives a lot to intuition and dreams; native from the French Alps, she regularly uses the metaphors offered by nature world in her practice, a way to include the peculiar spirit of mountain resources amongst the several alternative therapy techniques used.

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Guest Image

Trisha Garrett

Trisha is the Owner and Executive Producer of BriteLiteTV Channel which is on the recently launched RHGTV Network. BriteLite TV Programming reinforces that You Matter, You are Enough and You are Powerful through; Inspiration, Education and Personal Empowerment. Trisha is the Host of the "Trisha Garrett Show" which is Both syndicated on VoiceAmericaTV.com. Trisha is an International Amazon Best-Selling Co-Author (Come Out of Hiding and Shine). Trisha's a frequent guest on Talk Radio shows and Panelist for Speaker Talent Search where opportunities for the candidates to be seen, heard and expand their audience. Core to her passion as a life coach, for the 20 years of Trisha working fo

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