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Tips to Keep You Healthy, Happy, and Motivated

Tuesday at 3 PM Pacific

January 9th 2018: The Health Benefits of Foot Reflexology

Tune in to hear all about: 1) The Foot Reflexology teachings of Eunice Ingham 2) Eunice Ingham's contributions to the world of Reflexology, including the reflexes on the feet are a mirror image of all the organs, glands and parts of the body. 3) The Health Benefits of Foot Reflexology and much more!



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Featured Guest

Guest Image

Dwight Byers

Dwight Byers and his wife Nancy have been responsible for formulating and consolidating the teachings of Eunice Ingham through The International Institute of Reflexology®.

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