



**UNITY.EARTH PRESENTS THE CONVERGENCE**  
UNITY.EARTH Convergence Radio

with Dr. Kurt Johnson of The Interspiritual Network and Friends

Dr. Kurt Johnson  
Ben Bowler  
Doug King  
Karuna  
Yanni Maniates  
Deborah Moldow  
Jeff Vander Clute

### The Convergence Archives Available

April 03rd 2018: Spotlight on Yoga, with Light on Light Magazine

Celebrating the debut of Light on Light Magazine in March 2018, we introduce the new online e-zine that is dedicated to illuminating the light of wisdom, inspiration, and transformation found within spiritual practices and inspired lifestyles for the flourishing of health, mind, and spirit every day. Light on Light welcomes the sharing of journeys across the myriad of pathways of world wisdom traditions, interfaith, and interspirituality and features renowned contributors across the global integral and interfaith communities. In this radio special, we are honored to feature a Spotlight on Yoga

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### Featured Guests



#### Karuna

Karuna is Host Editor of Light on Light Magazine and part of the Host Team at VoiceAmerica and is well known internationally as a teacher of Kundalini Yoga, and yoga spokesperson for Patheos.com, the Website for the Future of Faith. An Associate Level Trainer in the Aquarian Trainer Academy of Kundalini Yoga (KRI), Karuna is an ordained "Wisdom Keeper" in this, and medicine traditions of the Lakota, a spiritual guide for the Sacred Feminine and a frequent guest teacher and speaker for The Interspiritual Network and UN Forum 21. Earlier, as a major fashion model and actress, Karuna, a graduate of the Bristol Old Vic Theatre, brought yoga to London as a founder of the UK Life Center. From he

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#### Snatam Kaur

Snatam Kaur is an American singer, peace activist and author raised in the Sikh and Kundalini Yoga tradition. She has an amazing ability to transform traditional Sikh chants of India into a contemporary sound that appeals to the modern ear and awakens an ancient yearning in the soul. For over thirty years, she studied with and grew up in the presence of her spiritual teacher, Yogi Bhajan, while he was in his physical form, learning the essence of Naad Yoga, a form of yoga focusing on sacred sound. At the core of this practice is an essential experience of peace and healing which has helped her music to be accessible to people of all walks of life. She has taught and shared Naad Yoga and Ku

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#### Shiva Rea

Shiva Rea is a leading innovator in the evolution of Prana Vinyasa Yoga, a transformational vinyasa flow integrating the tantric bhakti roots of yoga, Krishnamacharya's teachings, and a universal approach to the body. Shiva is the founder of Samudra Global School for Living Yoga, Yogadventure Retreats, Yoga Energy Activism, and the worldwide Global Mala Project, and the creator of award-winning CDs and DVDs for home practice. Her first book, Tending the Heart Fire: Living in Flow with the Pulse of Life, was published in 2014. Of herself she says "I am a mother, yogadventurer, founder of pranavinyasa & global school for living yoga. I am passionate about helping people awaken to the untapp

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#### Elena Brower

Elena Brower is a renowned yoga teacher and speaker. Influenced by several yoga traditions including Katonah Yoga, Para Yoga, and Kundalini Yoga, she is recognized worldwide for her expertise in combining physical alignment and the art of attention. Elena has been offering these practices as a vehicle for approaching our world with realistic reverence and gratitude. She is the author of Art of Attention, a yoga workbook now translated into five languages and the creator of teach.yoga, a virtual home for yoga teachers worldwide. Elena is also an executive producer of On Meditation: Documenting the Inner Journey, a film that intimately explores meditation experiences, screened on internation

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#### Denise Scotto

Denise Scotto, Esq., is an attorney at law, policy advisor, international speaker, interfaith minister & Founding Chair of the International Day of Yoga Committee at the UN. She has held leadership roles in professional bar organizations including: the NY State Bar, the NY State Women's Bar, the International Law section of the American Bar Association, the UIA. She has organized numerous events at UN fora as well as at national and local levels on global issues of pressing concern including conducting the first legal education program in NY City and NY State on the topic of human trafficking. As a UN staff member in NY Headquarters, she worked on issues to reform the internal system

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#### Guru Ganesha Singh

Guru Ganesha Singh - songwriter, musician, recording artist, entrepreneur and founder of the Guru Ganesha Band, was an enthusiastic participant in the 1960's rock and roll explosion. When he embraced Sikhism and the Kundalini Yoga of Yogi Bhajan, he brought his love of Western music to the Eastern traditions of his new Sikh lifestyle. He was one of the pioneers of the new genre of Kundalini Yoga mantra meditation music, and since that time he has contributed greatly to its on-going growth and development. Guru Ganesha's emergence on the world devotional music stage took place at the beginning of the 21st Century. In collaboration with his good friends, Guru Singh and Thomas Barquee, he rel

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#### Shannon Marie Winters

Rev. Shannon Marie Winters, MS, CIC, CMPP, is Managing Editor of Light on Light Magazine. With inspiration and joy, she honors the interconnected truths of all paths and faiths, serving to uplift humanity fully into the era of unity consciousness. Originally from California, Shannon has worked in the corporate sector in the NYC area for more than 13 years, leading strategy and planning of scientific publications and communications and is an author of numerous publications. She is also Administrator of UNITY EARTH North America Projects and Managing Editor of The Convergence Magazine. She holds certification as an Intrinsic Coach and Reiki Jin Kei Do practitioner and is an ordained Interfai

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#### Irina Morrison

Communications and Social Media Manager, UNITY EARTH, Irina spent over 15 years in fast-paced roles such as Rehabilitation Officer, Corporate Counsellor and Executive Assistant, and has two years of private practice counselling experience with a focus on couples counselling and women suffering abuse trauma. In 2014, Irina hung her designer suits in the back of her wardrobe and replaced them with Yoga Pants! Her passion for yoga became her career. As well as running her own classes, she collaborates with physiotherapists, chiropractors, wellness and fitness centers. Implementing her skills of counseling and business management alongside yoga, she successfully runs yoga retreats for relaxati

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