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Psych Up Live
Thursday at 11 AM Pacific
April 12th 2018: Encore: When is Divorce the Best Decision?

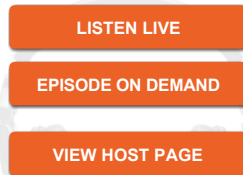
There is nothing easy about divorce and despite the statistics, it is a journey that most people don't want to take. In this episode, Audrey Cade, author of *Divorce Matters: Help for Hurting Hearts* and *Why Divorce is Sometimes the Best Decision*, offers a very realistic look at the When, Why and How of Coping with Divorce. With the wisdom of someone who has been through it, this matriarch of a blended family of eight is as clear about the need to take steps to try save your marriage as she is realistic about the anguish of realizing you can't. Using her own journey as a starting point she address

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Featured Guest



Audrey Cade

Audrey Cade is the author of *Divorce Matters: Help for Hurting Hearts* and *Why Divorce is Sometimes the Best Decision* and the matriarch of a blended family of eight.

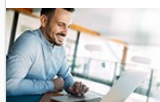
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