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**INFLUENCERS**



### In The Limelight with Clarissa Burt Archives Available

**May 15th 2018: SuperInfluencer Women in Food and Diet!**

Listen in as international award winning chef Rita Romano talks creating Italian delicacies in the kitchen, and Barbara Schwartz, Co-Founder of Accuweight Weightloss, The Bead Diet, reveals how her diet works for thousands of her clients!

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### Featured Guests



#### Rita Romano

Rita Romano is a native of Bari, Italy and the youngest of ten children born into a family with a deep appreciation for the culinary arts. She also lived in Naples and La Spezia. At age 10, she immigrated to the United States. Later, while employed by Alitalia Airlines, Rita traveled to Europe often. In 1980, she moved to Phoenix, Arizona, and after leaving the airline industry, in 1990 Rita operated three Italian restaurants, specializing in pasta. She published Sauces for Pasta Lovers and started an Italian cooking school. Her other books are Italian Entrée for Protein Lover Main and Ciao Tesoro! which includes her family's legacy recipes.

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#### Guest Image

#### Barbara Schwartz

Barbara Schwartz is one of the Founders of Accu Weight-Loss' "The Bead Diet." Accu Weight-Loss after a life altering accident lead to weight gain. After losing 18 pounds in three and a half weeks, she went onto complete the AW Transition program to stabilize her body at the new weight and has maintained her weight loss ever since. Not only was this a personal success, but it was also when she decided to make a career change and join her father in his mission. His words to live by were "heal the world, one person at a time." Self-motivated, results oriented and driven to succeed, Barbara Schwartz is a seasoned professional who has constantly set her goals to keep pace with her highest aspira

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