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**TraumaTalk**  
**Archives Available**  
**June 5th 2018: Audience participation:**  
**Questions about Trauma**

Audience can call in and email questions they would like to be answered on the show: - Bullying - Repeated health concerns - How to remove triggers of trauma - How does long-ago trauma affect current physical issues? - How does previous trauma show up in intimate relationships? - What beliefs have you adopted to be true... that are keeping you stuck? - How do you support someone who has been traumatized? - How do you help adopted children address previously unknown trauma?

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### Featured Guest



#### Colin Stroud

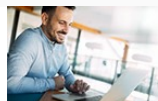
Colin Stroud is the Founder and Director of The Serenitas Foundation in Cambridge, England: a charity that focuses on helping people heal from trauma and other mental health conditions.

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