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June 20th 2018: Shut Up and Write with Mridu Khullar Relph,
Understanding Cyber Security

With her characteristic humor, practicality, and hard-earned wisdom, Mridu Khullar Relph demonstrates an understanding of the creative mind. She shows you how to write anything--and finish it with her book, Shut Up And Write. It doesn't deal with writer's block. Stop procrastinating. Stop making excuses. Just Shut Up And Write! She writes and acts like she speaks: fast, furious, and fabulously fun! How long do you want to live? Are you doing everything possible to be healthy, happy, and optimistic? The keys to longevity bliss have nothing to do with money or status, although both are nice

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Featured Guest



Mridu Khullar Relph

Mridu Khullar Relph is an award-winning journalist, author and entrepreneur.

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