



Uplift Your Life: Nourishment of the Spirit Thursday at 8 AM Pacific

June 28th 2018: Alan Watts: The Man, His Wisdom and Legacy

Alan Watts is best known as an interpreter of Zen Buddhism and of Indian and Chinese philosophy. Through his writing and speaking, he became known as one of the most original philosophers of the 20th century. He was the author of more than 25 books and numerous articles which applied the teachings of Eastern and Western religion and philosophy to our everyday lives. He wrote the first best-seller on Buddhism, The Way of Zen. The critic Erik Davis said: his writings and recorded talks still shimmer with a profound and galvanizing lucidity. Now, we have more insight into the man and his teaching

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Featured Guests



Joan Watts

Joan Watts attended private schools in the United States and England and studied art at various institutions in the U.S. She also studied sumi-e (Japanese ink painting) for two years in Japan. Her art has won awards in juried shows and hangs in many private collections. In addition to her art career, she spent twenty-five years as a successful fund-raiser in the nonprofit world. She retired in her fifties and moved to Montana, where for twenty years she was an occasional fishing guide and operated a bed-and-breakfast that catered to fly fishers from around the world. After retiring (again), she began, along with her sister Anne, editing her father's letters for publication and resumed her

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Anne Watts

Anne Watts was also strongly shaped by her experience as the daughter of Alan Watts. Anne is a certified hypnotherapist and an educator and counselor in the areas of human sexuality, sexual abuse, family stress, self-esteem, healing the inner child, and financial and aging issues. Since 1985, she has facilitated hundreds of workshops in the United States, Canada, Australia, Japan, England, and Germany with the Human Awareness Institute, work she is deeply passionate about. Since 2008, she has also been a regular faculty member at Esalen Institute. She is the co-editor with her sister, Joan, of The Collected Letters of Alan Watts. Anne is the mother of two children and three grandsons and

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