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**August 03rd 2018:Encore: Maintaining A Positive Attitude**

There are times in life when maintaining a positive attitude can be practically impossible, especially when we're facing tragedies, setbacks, or major disappointments in business. Yet it's our attitude that often determines our outcomes. So don't let discouragement or rejection get you down. Join Success Coach, Rachel O'Brien-Eddy, to discover ways to maintain a positive attitude in business and life. Learn how simple shifts can create powerful results and how to use healthy habits to improve your mood. Plus, Rachel shares why self-care plays a critical role in achieving success. Have question

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