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HEALTH & WELLNESS



**Good Grief with Cheryl Jones**  
**Wednesday at 2 PM Pacific**  
**August 15th 2018: Brother's Keeper**

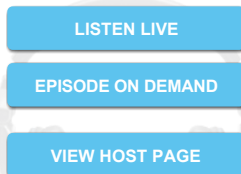
What would you do if you were wrongly convicted of murder and sentenced to an indeterminate period in prison? Marvin Mutch served 41 years before he was finally exonerated. But instead of losing himself to bitterness or violence, over time he began to discover how he might support his fellow inmates. There was a high rate of suicide among his fellows, and the ones left behind didn't have the skills to deal with the aftermath. Ultimately, he founded the Brother's Keepers at San Quentin, supporting each other emotionally and teaching valuable skills. Now, as more and more lifers reach the end of

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#### Featured Guest



#### Marvin Mutch

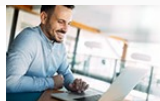
"Marvin Mutch is a formerly incarcerated prison reform activist and co-founder of Brothers Keepers at San Quentin State Prison.

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