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September 6th 2018: Anger Management: Does It Actually Work? PART 2

This week we will again feature Susan Steele, a certified Anger Management Counselor and Behavior Health Specialist for adults and at-risk children. Susan owns her own agency, NTSP Anger Management, where she conducts both couple's counseling and individual counseling to those who have recognized there is an issue stemming from anger in their life. We will delve into what makes us angry and the various ways we all process and express anger and rage. Susan will talk about the role our past experiences have in impacting our ability to express anger. She will explore the four styles of commun

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Featured Guest



Susan Steele

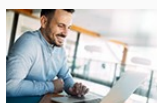
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